

St. Stephen Parish

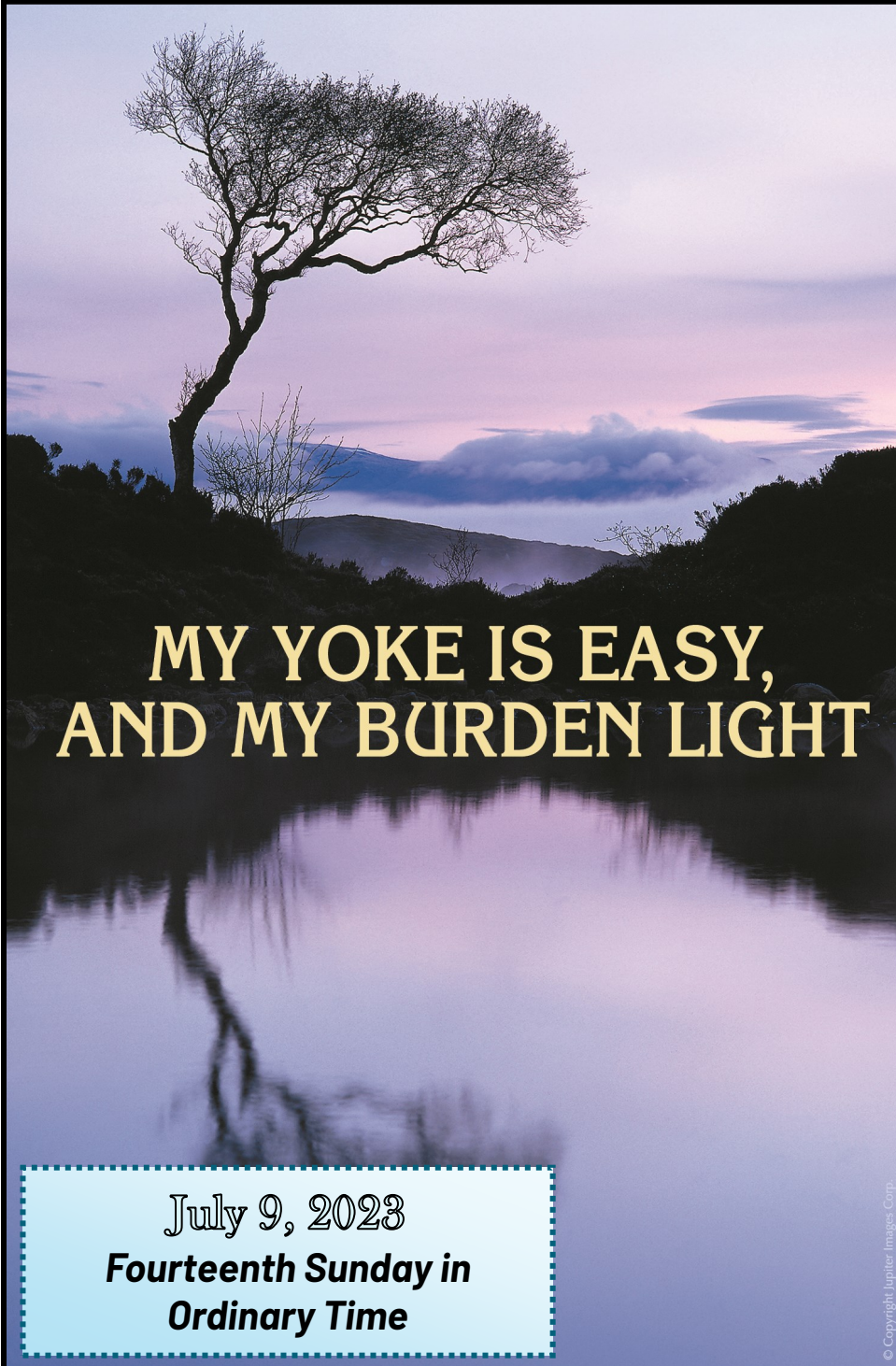
SaintStephenSF.org | 601 Eucalyptus Dr., San Francisco CA 94132 | Church 415 681-2444

StStephenSchoolSF.org | 401 Eucalyptus Dr., San Francisco 94132 | School 415 664-8331

Reconciliation: Saturday 3:30 p.m. or by appt. and 30 min. before each Sunday Mass

Weekday Mass: 8:00 a.m. Vigil Mass Saturday 4:30 p.m.

Sunday Mass 8:00, 10:30 a.m. & 6:30 p.m.



**MY YOKE IS EASY,
AND MY BURDEN LIGHT**

July 9, 2023
**Fourteenth Sunday in
Ordinary Time**

At that time Jesus exclaimed:

"I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned, you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son, and anyone to whom the Son wishes to reveal him."

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

Mathew 10:25-30

Encounter Jesus Christ. Love Jesus Christ. Live Jesus Christ.

July 9, 2023

Fourteenth Sunday in Ordinary Time

Zechariah 9:9-10; Romans 8, 9:11-13; Matthew 11: 25-30



During the U. S. Independence Day celebrations, you probably heard all or part of Emma Lazarus' poem inscribed on the base of the Statue of Liberty: "Give me your tired, your poor, your huddled masses yearning to breathe free.... Send these, the homeless tempest-tossed to me." Today's readings, especially the Gospel, give the same message in a more powerful way: "Take my yoke . . . and you will find rest."

In our first reading today, the prophet Zechariah consoles the Jews living in Palestine under Greek rule, promising them a "meek" Messianic King of peace riding on a donkey, who will give them rest and liberty.

The Responsorial Psalm (Ps 145) praises and thanks a kind and compassionate God Who "raises up those who are bowed down" under heavy yokes.

In the second reading, Saint Paul tells the first-century Roman Christian community about two yokes, namely, the "flesh" and the "Spirit," and he challenges them to reject the heavy and fatal yoke of the flesh and accept the light yoke of the Spirit of Jesus. Christian spirituality, according to Saint Paul, proceeds from the initiative of the Holy Spirit and means living in the realm of the "Spirit" as opposed to the "flesh."

And finally, in the Gospel, Jesus offers rest to those "who labor and are burdened" if they will accept his "easy yoke and light burden." By declaring that his "yoke is light," Jesus means that whatever God sends us is made to fit our needs and our abilities exactly. The second part of Jesus' claim is: "My burden is light." Jesus does not mean that the burden is easy to carry, but that it is laid on us in love, that it is meant to be carried in love, and that love makes even the heaviest burden light.

We need to unload our burdens on the Lord. This "unloading" is the main purpose of our personal and family prayers and one of the functions of Divine Worship in the Church. During our daily prayers in the evening, we ask God's forgiveness for the sins and failures of day and receive the consoling assurance that we are reconciled with God and our fellow human beings. During the Holy Mass in our parish Church, we place our stress-filled lives on the altar and allow Jesus to cool down the overheated radiators of our hectic lives. We also unload the burdens of our sins and worries on the altar and offer them and ourselves to God during the Holy Mass.

We need to be freed from unnecessary burdens: Jesus lays the light burden of his commandment of love on us and yokes us with himself, giving us his strength through the Holy Spirit to fulfill that commandment. Jesus is also interested in lifting off our backs the burdens that suck the life out of us, so that he can place around our necks his own yoke that brings to us and to others through us, new life, new energy, and new joy.

We are called, not only to find peace, refreshment and rest for ourselves, but also to live the kind of life through which others, too, may find God's peace, God's refreshing grace, and the joy of placing their lives in God's hands.



Our Saint of the week **St. Kateri Tekakwitha**

Kateri Tekakwitha is called the Lily of the Mohawks. Her name Tekakwitha means "putting things in order." She put her life in order in a short time. Kateri was a Mohawk Indian born in what is now Auriesville, New York, ten years after Isaac Jogues and his companions were martyred there. Her mother was a Christian Algonquin Indian, and her father was a pagan Mohawk chief. Her parents and a brother died of smallpox when she was only four. Kateri recovered from the disease, but it left her eyes weak and her face scarred. Anastasia, a friend of Kateri's mother, took care of her and told her stories about the Christian God. When Anastasia left for Canada to join other Christians there, Kateri's uncle, a Mohawk chief, took Kateri as his daughter.

When Kateri's uncle and aunts wanted her to marry, she refused. She felt that the Great Spirit was the only one she could love. This angered her uncle. Kateri learned more about God from a missionary and asked to be baptized. She was baptized on Easter Sunday. It was hard for Kateri to live as a Christian. Her people expected her to work in the fields on Sunday, the Lord's Day. Sometimes they didn't feed her. Children made fun of her and threw stones at her. Kateri endured this for two years.

Finally a priest advised Kateri to go to Canada where she would be with other Christians. One day when her uncle was not home, she left for Canada with a Christian named Hot Ashes. Kateri brought with her a note from the missionary priest to a Canadian priest that said, "I send you a treasure, Katherine Tekakwitha. Guard her well." Kateri lived an outstanding Christian life. She went to Mass daily, made frequent visits to the Blessed Sacrament, and prayed the rosary often. She cared for the sick and the old and taught the children. She did much penance.

Kateri suffered from bad headaches. She was not strong and could eat very little. When she died at the age of twenty-four, the scars on her face disappeared and she was beautiful. Kateri's last words were, "Jesus, I love you."

50+ Club
No July Meeting
Monday, Aug 7,
Donworth Hall
Doors Open 12:30pm

We Rent Our Hall
FOR ANY OCCASION
USE OUR **PARTY ROOM!**

Our 20,000 Sq. Ft. Parish Center
Available to Rent

For more information, call Shay at
415 681-2444 ext.7 or
donworthevents@saintstephensf.org

Mass Intentions

FOR THE WEEK

Monday, July 10

8:00 a.m.

Aisa Hara Kristin *Sp.int*
(By: Papa & Mama)

Tuesday, July 11

8:00 a.m.

† **Richard Faziola**
(By: Hilda Faziola)

Wednesday, July 12

8:00 a.m.

† **Luz Caraos**
(By: Emma Sagala)

Thursday, July 13

8:00 a.m.

† **Fr. Eric Freed**
(By: a friend)

Friday, July 14

8:00 a.m.

† **Romana Polo**
(By: Marilyn Lee)

Saturday, July 15

8:00 a.m.

† **Corazon UY**
(By: Shirley Dee)

4:30 p.m.

† **Rosa C. Cardenas**
(By: Remedios Jacinto)

Sunday, July 16

8:00 a.m.

St. Stephen Parishioners
(By: Fr. Michael)

10:30 a.m.

† **Marie S. Remedius**
(By: Maria Xavier)

6:30 p.m.

† **Liam Ryan**
(By: Ron & Anna Marie Concannon)

 **You're ALL Invited!**
HOLY HOUR of
EUCCHARISTIC DEVOTION
Exposition, Adoration and Benediction
(Weekdays, right after the 8am Mass)
Mondays through Fridays, 8:30 a.m. - 9:30 a.m.

Today's Readings

First Reading — The warrior's bow shall be banished, and he shall proclaim peace to the nations (*Zechariah 9.9-10*).

Psalm — I will praise your name forever, my king and my Gpd. (*Psalms 145:1-2*).

Second Reading — Whoever does not have the Spirit of Christ does not belong to Him. (*Romans 8:9,11-13*).

Gospel — All things have been handed over to me by my Father (*Matthew 11:25-30*).

Saints & Special Observances

Sunday: **Fourteenth Sunday in Ordinary Time**
Tuesday: **Saint Benedict Abbot**
Thursday: **Saint Henry**
Friday: **St. Kateri Tekakwitha**
Saturday: **Saint Bonaventure**

Follow the Archdiocese on Social Media

Follow the Archdiocese for chancery and archbishop news, prayers and spiritual posts, and to learn more about your faith: [Twitter.com/ArchdioceseSF](https://twitter.com/ArchdioceseSF) and [Facebook.com/RomanCatholicArchdioceseOfSanFrancisco](https://facebook.com/RomanCatholicArchdioceseOfSanFrancisco).

St. Stephen Parish presents

A Grand Day

A "day camp" experience for Grandparents and their Grandchildren.

DATE: Sunday, July 23, 2023

TIME: 1:00 p.m. to 3:30 p.m.

LOCATION: St. Stephen's Donworth Hall,
473 Eucalyptus Drive, SF, CA

Contact Mary Molly for more info or to register: (415)681-2444 x4

***Just a reminder** that our monthly maintenance costs DO NOT include the significant deferred maintenance that needs to be performed at the parish and rectory. Things like 1) the leaky roof in the church, 2) a broken water pipe underneath the rectory that was flooding the rectory garage with sewage that needed to be fixed, and 3) a 25-year old water heater that finally stopped working and needed to be replaced. Also NOT included in this parish maintenance monthly amount is the 4) yearly payment of a) \$66,000 that the parish must make on the Gym/Hall debt, b) 61,000 General Insurance & Property Liability, among others.

With this in mind, in the fall, we will be starting to learn about being a Stewardship Parish, where we live out our discipleship of Jesus Christ as good stewards of the gifts we have been given, which includes our financial gifts. If you are interested in taking a leadership role with this initiative, please email Fr. Michael –

fr.michael@SaintStephenSF.org.

Sick Relatives & Friends

Please pray for the sick and homebound of our community and for all those written in our book of the sick. May they know the healing touch of Jesus.

Danilo Dacasin, Greg Lorio, Adelle Caunan, Debbie Nunes, Tony Devincenzi, Julie Burton, Nestor & Nelson Plondaya, Marie Bachand, Francis Yiu, Edna Amora, Rodney Clark, Michelle Vicente, Michelle Weeks, Franz Tittiger, Carlota Plondaya, Robert Liam, Marino Tulao, Eden Finn, Edileide Jose Barbosa, Kenneth Fambrini, Larry Barbieri, Carol Dominguez, Marc Gutierrez, Catherine Scossieria, Gwendolyn Walsh, Joel Rivera, Jovita & Richard Thompson.

Please call the office to add or remove names

2023 ARCHDIOCESAN ANNUAL APPEAL

| | | |
|-------------------------|---|--------------|
| Campaign GOAL | : | \$ 86,973.00 |
| Total Payments Received | : | \$ 40,795.00 |
| Campaign Goal Balance | : | \$ 46,178.00 |

We thank the following parishioners who have shared their treasures with the parish **this week** as of 6.13.2023: (For a complete listing, refer to AAA Poster in Church vestibule.)

Mrs. Fely Boquiren
Mrs Sandra Frietsche
Ms Joanne Hayes-White
Mrs. Antoinette Mishirky

FINDING PEACE

If you want peace, work for justice. —Pope Paul VI

NEED A PRIESTLY VISIT?

Please know that if you are homebound, sick, aging, preparing for a surgical procedure, recovering from a surgical procedure. Or find yourself in the hospital unexpectedly – your pastor is most happy to visit you with Holy Communion and Anointing of the Sick. One does NOT have to be in a state of “end-of-life” for the anointing. It can be administered to any one, at any time one feels physically or emotionally “low” in life. Please call the office if we can help. We have been finding out about “sick” parishioners “when it is too late.”

Please give us a call – we are here for you!

St Stephen’s Book Club

BOOK CLUB MEETINGS:

JULY: Book Party – Friday, July 21, 4:30 p.m. to 6:30 p.m. Join us as we discuss our favorite books from the past and decide on future books to read. (no assigned book)

AUGUST: Sat., Aug. 12, at 10:00 a.m.

Book: *Imitation of Christ* by Thomas A. Kempis

Join us as we discuss our favorite books from the past and decide on future books to read. (no assigned book)

Contact Mary Molly at the parish office for details. Phone - 415 681-2444x4

Making Time For Our Faith

Parents and guardians sometimes say, “Our family is so busy that we don’t have time to participate in faith formation.” Our Catholic faith is one of our greatest treasures – it teaches us how to love others as Jesus loves us; it gives us hope in time of struggle; it leads us to answers about the deepest questions and yearnings of our lives. A life built on this firm foundation of faith is one of the greatest gifts we can give our children.

But faith doesn’t happen by itself. Faith must be nurtured, by the example of family members and by appropriate religious education in the Catholic community, so that it can grow.

Faith formation and the practice of the faith is not just one more item in a long list of family commitments it is the centerpiece, allowing us to live in love, as Catholic Christians, in every aspect of our lives.

Make the time for faith formation, and give your children the precious gift of a life built on faith.

PARISH SUMMER COMINGS AND GOINGS

Fr. Jose Mas Izquierdo- Arrived from Spain on June 15 for two months to stay at the parish and work on his English skills. Leaves August 15.

Fr. Ben Rosado- Arrived at St. Stephen's on July 1 to begin his new assignment as parochial vicar at St. Stephen.

Fr. Michael Healy- Gone on vacation July 3- August 9

Fr. Michael Liliedahl - Leaves July 8 for STL studies in Detroit, returns to parish August 12.

Internet Safety for Families

FaithAndSafety.org

“Internet safety isn't about the right software or service. Rather, real safety in the digital world is all about active, involved, loving parenting. It's a team effort that builds a strong Christian family!” –

FaithAndSafety.org

Keeping children and teens safe and healthy with regard to use of the internet and social media can be overwhelming. The U.S. Catholic Bishops’ website, FaithAndSafety.org, contains an immense amount of user-friendly information and resources: devices to be wary of; Facebook safety and privacy; protecting your home network; bullying; cell phones; virtual worlds; app and website reviews, and more. All is presented in the context of our faith, with articles on using technology in a Christian way and seeing other users as our Online Neighbors.



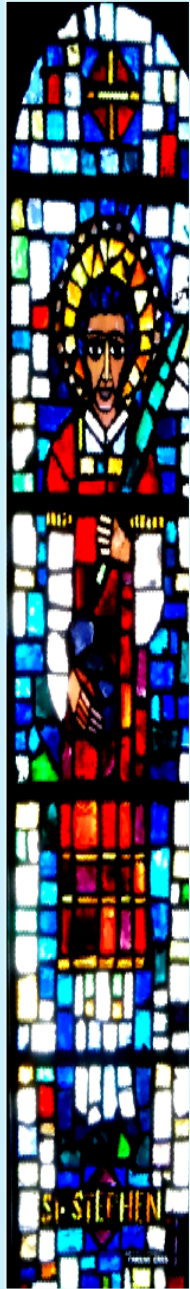
ST. STEPHEN SCHOOL NEWS

St. Stephen School is accepting applications for the August 2023-2024 Kindergarten Class. Please call the school office @ (415) 664-8331, if you are interested in obtaining an application and scheduling a school tour. Children must be five years old by September 1, 2023 and be currently enrolled in a five day Pre-K or Kindergarten Program. We welcome all applicants K - 5 especially our Faith Formation Families.

St. Stephen School, mindful of its mission to be witness to the love of Christ for all, admits students of any race, color, and national and/or ethnic origins to all the rights, privileges, programs and activities generally accorded to or made available to students at this school. St. Stephen School does not unlawfully discriminate on the basis of race, color, and national and/or ethnic origin, age, sex or disability in administration of educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

My Special Prayer Reminder Card

“Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving, let your requests be made known to God.” - Philippians 4:6



PASTORAL STAFF

Rev. Michael Liliedahl
Pastor, ext. 1

Fr.Michael@SaintStephenSF.org

Fr. Ben Rosado
Parochial Vicar , Ext 8
frbenrosado@gmail.com

Rev. Mr. Manuel "Olet" Abad
Permanent Deacon
deacon@SaintStephenSF.org

Sharon McCarthy Allen
Principal

Carol P Cagalingan
Parish Manager, ext. 3
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Bulletin Editor, ext. 6
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ST STEPHEN PARISH 2022-2023

| <u>ORGANIZATION/MINISTRY</u> | <u>CONTACT PERSON</u> |
|------------------------------|-----------------------|
| • Altar Servers | Giovanna Hrvatin |
| • Altar Society | Joan Leehane |
| • Bridge Group | Virginia Stefanelli |
| • Caritas | Nellie Hizon |
| • Church Hospitality | Mary Molly Mullaney |
| • Communion Ministers | Mary Molly Mullaney |
| • Faith Formation | Mary Molly Mullaney |
| • Fifty Plus Club | Helga D'Arcy |
| • Finance Council | Laura Birsinger |
| • Front Ofc Lead Volunteer | Fely Boquiren |
| • Grief Support | Clergy |
| • Head Sacristan | Ed Quan |
| • Lectors | Mary Molly Mullaney |
| • Liturgy Committee | Fr. Michael Liliedahl |
| • Marriage Preparation | Clergy |
| • Men's Club | Martin Murphy |
| • Parish Council | Vicky Francisco |
| • RCIA | Mary Molly Mullaney |
| • St. Stephen Book Club | Mary Molly Mullaney |
| • Ushers | Jim Scheg |
| • Women's Guild | Naomi Kelly |

Parish Office Phone 415.681.2444

Our warmest welcome to all who celebrate with us!

You can **sign up** or **update** your information by completing this form & placing it in the collection basket, by mailing it to the Parish Office, by phone at 415-681-2444 or at www.saintstephensf.org

Name _____ Contact Phone _____

Email _____

Complete Mailing Address _____ City/Zip _____

Weekly Sunday envelopes , circle one: Yes No, but commit to participate thru Online Giving.

I am interested in assisting the Parish in an organization or ministry as (Please encircle your choice/s):
Acolyte/Altar Service, Altar Society, Children's Liturgy of the Word, Greeter/Usher, Hospitality after Mass/Special Events, Holy Communion Ministers to the Homebound, Music/Choir, Lector &/or Holy Communion Ministers, Parish Center Front Office Volunteer.

Song Lyrics for 10:30 am Mass

Gathering: You Are My All in All

You are my strength when I am weak
You are the treasure that I seek
You are my all in all
Seeking you as a precious jewel
Lord, to give up I'd be a fool
You are my all in all
Taking my sin, my cross, my shame
Rising again I bless your name
You are my all in all
When I fall down you pick me up
When I am dry you fill my cup
You are my all in all
Jesus Lamb of God, worthy is your name
Jesus Lamb of God, worthy is your name

Preparation of the Gifts: Come As You Are

Come out of sadness
From wherever you've been
Come broken-hearted
Let rescue begin
Come find your mercy
O sinner, come kneel
Earth has no sorrow that heaven can't heal
Lay down your burdens
Lay down your shame
All who are broken lift up your face
O wanderer come home, it's not too far
So lay down your hurt
Lay down your heart
Come as you are
There's hope for the hopeless
And all those who've strayed
Come sit at the table, come taste the grace
There's rest for the weary, rest that endures
Earth has no sorrow that heaven can't cure
Chorus: Come as you are
Come as you are
Fall in his arms
Come as you are
There's joy for the morning, O sinner be still
Earth has no sorrow that heaven can't heal (2x)
Chorus (repeat last line)

COMMUNION:

Your Love Defends Me

You are my joy, you are my song
You are the well, the one I'm drawing from
You are my refuge my whole life long
Where else would I go
Surely my God is the strength of my soul
Your love defends me
Your love defends me
And when I feel like I'm all alone
Your love defends me
Your love defends me
Day after day, night after night
I will remember you're with me in this fight
Although the battle, it rages on
The war is already won,
I know the war is already won
Chorus
We sing Hallelujah
You're my portion, my salvation
Hallelujah
Chorus
We sing Hallelujah
You're my portion, my salvation
Hallelujah
You're my portion, my salvation
Hallelujah
You're my portion, my salvation

Sending: 10,000 Reasons

The sun comes up
It's a new day dawning
It's time to sing your song again
Whatever may pass
And whatever lies before me
Let me be singing when the evening comes
Bless the Lord O my soul, O my soul
Worship his Holy name
Sing like never before, O my soul
I worship your Holy name
You're rich in love and you're slow to anger
Your name is great and your heart is kind
For all your goodness I will keep on singing
Ten thousand reasons for my heart to find
Chorus

Songs for the 10:30 Mass

Gathering: Lord, I Need You

Lord, I come, I confess,
Bowing here I find my rest
Without you I fall apart
You're the one that guides my heart
 Lord, I need you, oh I need you
 Every hour I need you
 My one defense, my righteousness
 O God, how I need you
Where sin runs deep, your grace is more
Where grace is found, is where you are
Where you are, Lord I am free
Holiness is Christ in me

Chorus

Bridge: Teach my song to rise to you
 When temptation comes my way
 When I cannot stand I fall on you
 Jesus you're my hope and stay
Chorus (with repeat last line)

Preparation of Gifts: Purify My Heart

Purify my heart
Let me be as gold and precious silver
Purify my heart
Let me be as gold...pure gold
 Refiners fire, my heart's one desire
 Is to be...holy, set apart for you Lord
 I choose to be...holy
 Set apart for you my master
 Ready to do your will
Purify my heart
Cleanse me from within and make me holy
Purify my heart
Cleanse me from my sin, deep within
 Chorus
 (Repeat chorus)

Communion: Remembrance

Oh how could it be
That my God would welcome me
Into this mystery
Say take this bread, take this wine
Now the simple made divine

(Remembrance cont.)

For any to receive
 By your mercy we come to your table
 By your grace you are making us faithful
 Lord we remember you
 And remembrance leads us to worship
 And as we worship you
 Our worship leads to Communion
 We respond to your invitation
 We remember you
See his body, his blood
Know that he has overcome
Every trial that we will face
And none too lost to be saved
None too broken or ashamed
All are welcome in this place
Pre-chorus
 Chorus
Bridge: Dying you destroyed our death
 Rising you restored our life
 Lord Jesus come in glory (4X)
 Chorus

Sending: Shout To The Lord

My Jesus, my Savior,
Lord there is none like you
All of my days, I want to praise
The wonders of your mighty love
My comfort, my shelter
Tower of refuge and strength
Let every breath, all that I am
Never cease to worship you
 Shout to the Lord all the earth let us sing
 Power and majesty, praise to the King
 Mountains bow down and the seas will roar
 At the sound of your name
 I sing for joy at the work of your hands
 Forever I'll love you, forever I'll stand
 Nothing compares to the promise
 I have in you